



**North Lanark  
Community Health Centre**  
Part of Lanark Renfrew Health & Community Services  
207 Robertson Drive, Lanark, ON



**Rideau Community  
Health Services**  
Your Community Health Centre

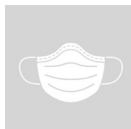


The three Community Health Centres in our area are continuing to monitor the coronavirus (COVID-19) situation closely and are working to ensure the health and well-being of our community, clients and staff.

Although most of our staff are working remotely from home, we continue to see our most vulnerable clients in person. We are also accepting appointments and new referrals for our counsellors/social workers, dietitians, and respiratory therapists, among others. Please call us or visit our websites for more information.

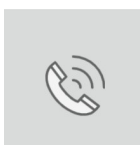
We have modified our hours of operation. Before you come to any of our locations, please call us and we will help you determine the best way to meet your needs.

## Before Your Primary Care Appointment



- Your Doctor or Nurse Practitioner will help you decide if you need to be seen at the office
- You will be screened over the phone for your risk of COVID-19
- Bring a mask with you to your appointment if you have one

## Virtual or Phone Visit



- Choose a quiet, private space for your appointment, with minimal distractions or background noise
- Have your computer turned on ahead of time or your phone line open
- Please be on time
- Follow the link provided

## In-Person Visit

### When you arrive:



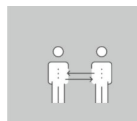
- Wash your hands, put on a mask if you haven't already
- You will be screened for your risk of COVID-19
- Practice physical distancing
- We encourage you to arrive alone, unless support is needed
- Arrive as close to your appointment time as possible

### During your appointment:



- Wear a mask
- Your provider might be wearing protective equipment
- Try and limit the amount of surfaces or equipment you touch

### After your appointment:



- Wash your hands
- Practice physical distancing

## Community Programs

We recognize the last several months have been challenging for many people. We are working hard with others in our community to modify and adapt our programs and services to keep everyone healthy. Thank you in advance for your patience as we make adjustments to our programs and services. We are a phone call away.

## For more information

- Country Roads Community Health Centre: [www.crchc.on.ca](http://www.crchc.on.ca) phone: 613-272-3302
- North Lanark Community Health Centre: [www.northlanarkchc.on.ca](http://www.northlanarkchc.on.ca) phone: 613-259-2182
- Rideau Community Health Services: [www.rideauchs.ca](http://www.rideauchs.ca) phone: 613-283-1952

You can find reliable information about the coronavirus on the LGL District Health Unit website  
[www.healthunit.org](http://www.healthunit.org).

CHC Funding is provided by Ontario Health - East Region, the Ontario Ministry of Children, Community and Social Services and by the communities and people we serve.